

# KARATE NEWS

PULSE, YOUR QUARTERLY NEWSLETTER



## SUMMER IS OVER

Summer is over but the fun is just beginning. Over the summer months Sensei Jon has been working extremely hard to not only put into practice systems but also strategies. We will ensure that all our systems will be consistently put into action to better serve you all. Our mission is to provide all of our students the best experience and training at our club. Better than anywhere else on the planet. You will all receive a yearly brochure with the updated practices.

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### COURSES

Courses with Sensei Jon will be hosted throughout the year

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### GRADINGS

Gradings for this year have already been planned; see 'dates for your diary'.

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### EVENTS

Various events such as the much loved Hyper Japan and club competitions



### Website

Sign up to view exclusive new content for our members.



### Badges

Students will now be rewarded with a badge for various techniques and etiquette.

### Student Rewards

Top student of the



month certificate will now be issued to those deserving.

## Quote of Month

"Dan dan jouzu ni natte kuru yo!"

Everybody wonders how people get so talented and skilled. It's just time and work.

## Licence Renewal

We have decided to upgrade our student's member to member insurance to include accidental cover at no extra cost. We want to give all our students not only the best possible training and experience at our school, but also want to ensure all our students have the best possible policies in place so you will all feel safe knowing that you are insured to the highest standard. Please can all students pay their renewal by mid November at the usual cost of £25.

## Pre-Grading Course

A pre-grading course offers exceptional value not just in terms of money but is a fantastic opportunity for students to harness their skills in a fun pumped up, exciting atmosphere. These courses ensure that all our students progress to the next level. The next course will be taking place by mid November, one week before the exam. All students who are 9th Kyu (orange belt) and above should attend this course whether grading or not. These courses are not to be missed. Please refer to 'dates for your diary'.

## Grading

The grading is an exciting time where you can move on up to the next level. It is this progression that motivates all of us. It's great to see our students take on this challenge and own it. Any student wishing to grade must complete the pre grading course and have permission from the instructor. The instructor will only give permission if he or she thinks you are ready to take on this challenge. This is important as we certainly don't want to set up our students for failure. For times and locations please refer to 'dates for your diary'.

## Competitions

There will now be competitions four times a year. These competitions will take place in spring, summer, autumn and winter. All students are welcome to compete and test the skill in an epic battle of techniques, tactics and witts. These competitions are highly recommended for all are students and will be organised according to age. The next competition will take place in December.

## Work For Us

We are looking for highly motivated people to promote our Karate school. This will based on a self employed basis. All equipment, motivational materials will be supplied. Full training will be given. The roll will include talking to potential customers and promoting. For every student you introduces we will pay 10% commission, free lessons and yearly bonuses.

### Dates for your diary 2019

**Nov 16th Pre Grading Course London** with Sensei Jon. Fees £15 at Longfeild Hall. 10am Start

**Nov 17th Pre Grading Course Wales** with Sensei Jon. Fees £15 at The Senghenydd Center. 11am start.

**Nov 23rd London Grading** with Sensei Jon. Fees £25 at Four Squares Comunity Hall, 9:30am Registration.

**Nov 24th Wales Grading** with Sensei Jon. Fees £25 at The Senghenydd Center. 11am Start.

**December 7th London Competition** 9:30 registration.

**December 14th Christmas's Party Free.**